



**CASCADE MEDICAL**  
PARTNERS IN YOUR HEALTH

Minutes of the Board of Commissioners Meeting  
Chelan County Public Hospital District No. 1  
Arleen Blackburn Conference Room & Video Conference Connection  
August 24, 2022

**Present:** Tom Baranouskas, President; Bruce Williams, Vice-President; Mall Boyd, Commissioner; Jessica Kendall, Commissioner; Gustavo Montoya, Commissioner; Diane Blake, Chief Executive Officer; Pat Songer, Chief Operating Officer; Marianne Vincent, CFO; Melissa Grimm, Chief Human Resources Officer; Tammy Spencer, Executive Assistant; Clint Strand, Public Relations Director; Via Zoom: Chad Schmidt, Chief Information Officer

**Absent:**

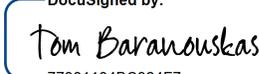
**Guests:** CM EMT Whitney Woodward, Doug Williams, Via Zoom: Erin Adams, Ryans iPhone, Molly's iPhone, One idad, Krista C, Michael Stanford, Local Resident, Mary KM, Maddie McPhee, Visitor, Kids phone.

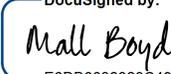
Topics	Actions/Discussions
<b>CALL TO ORDER</b>	<ul style="list-style-type: none"> <li>President Tom Baranouskas called the meeting to order at 5:30 PM.</li> </ul>
<b>CONSENT AGENDA</b>	<ul style="list-style-type: none"> <li>Bruce moved to approve the consent agenda.</li> <li>Mall seconded.</li> <li>All in favor.</li> </ul>
<b>ACTION ITEMS: NEW BUSINESS</b>	<ul style="list-style-type: none"> <li>Bruce moved to approve Jessica Kendall as Commissioner position number 1.</li> <li>Tom seconded the motion.</li> <li>All in favor.</li> <li>Jessica was sworn in.</li> <li>Bruce moved to approve Gustavo Montoya as Commissioner position number 4.</li> <li>Tom seconded the motion.</li> <li>All in favor.</li> <li>Gustavo was sworn in.</li> </ul>
<b>COMMUNITY INPUT</b>	<ul style="list-style-type: none"> <li>None</li> </ul>
<b>VALUES</b>	<ul style="list-style-type: none"> <li>CM is a Bronze Award winner for 2022 Immunize Washington for childhood immunizations. CM was one of four award recipients in the state. Kudos to staff for this achievement. Special thanks to Selma Diaz, MA, for leading the work and to Clinic Director Whitney Lak for providing support and empowerment to the team.</li> </ul>
<b>FOUNDATION REPORT</b>	<ul style="list-style-type: none"> <li>None</li> </ul>
<b>COMMITTEE REPORTS</b>	
<b>a. Governance</b>	<ul style="list-style-type: none"> <li>Governance Committee reviewed Succession Planning work and recognized outstanding work of HR in supporting the recruitment process.</li> <li>New commissioner mentoring process finalized.</li> <li>The Board Self-Assessment will be put off one year due to the two new members. It will be best to give them time to self-assess next year.</li> <li>Four upcoming meetings scheduled for Community Health Needs Assessment work.</li> <li>Procedure discussed for CEO annual review. Work is in progress to define process for regular assessment of senior management compensation.</li> </ul>
<b>b. Quality Oversight Committee</b>	<ul style="list-style-type: none"> <li>Reviewed and discussed reports from subcommittees.</li> <li>QOC reviewed the dashboard and discussed individual cases.</li> <li>Meditech was quite challenging in the beginning, but now we are finally seeing good results with the new system; timeliness and fullness of data is enhancing quality improvement work.</li> <li>The QOC will be bringing a dashboard report to the Board, but that will not happen until next year. We need time to validate the data we are receiving.</li> <li>QOC planning to restart Board Rounding in 2023, following receiving WSHA education on Board Rounding.</li> </ul>

<b>DISCUSSION/REPORT: OLD BUSINESS</b>	
<b>a. IT Update</b>	<ul style="list-style-type: none"> <li>▪ As we work with Meditech and leadership team we continue to work to resolve on going issues, and progress is being made.</li> <li>▪ Kudos to Molly keeping the ball rolling working to get Meditech issues resolved concerning completion of the build. We are still experiencing some continued issues in the Clinic, and we are working collaboratively to resolve those issues.</li> <li>▪ We are making decisions on data archiving.</li> </ul>
<b>b. Board Goals Check-in</b>	<ul style="list-style-type: none"> <li>▪ Discussed education goal.</li> <li>▪ Planning for Community Engagement scenarios, to engage with the community and one of those Community Engagements were searching for new board members. Our meeting time also changed in hopes of meeting the needs of the community and potential working Commissioners.</li> <li>▪ Clint spoke about the Health and Safety Fair which was wildly successful with community engagement and community partners and stake holders. We look forward to doing that again next year. We recently completed partnership with the school district a Migrant Help Program and Back to School Fair we engaged our mobile clinic with Sam Linn, PA and Lucy Sanchez, MA to assist with that engagement. We had sports physicals as well as Insurance navigators there to assist with questions folks may have. There will be upcoming events for continued meetings with the Insurance navigators as well.</li> <li>▪ Much work done on board succession.</li> </ul>
<b>DISCUSSION/REPORT: NEW BUSINESS</b>	
<b>a. Peer Support</b>	<ul style="list-style-type: none"> <li>▪ Pat Songer gave a report concerning Peer Support and what that is. Peer Support is a team of formally trained colleagues to help people through stress injuries in the medical field. They are highly trusted teams and highly functional teams to support an individual through high stress environment for a place for individuals to go to for peer support, education and competent counseling in that field. We are working with the Chelan County Sheriff's office; they are sending 4 members of their department and we are sending two members of our team to Colorado for training. We want to be sure we have a solid foundation for the success of the Peer Support group. Which includes appropriate funding, to make sure it is supported all the through to Insurance and the EAP program, co-responder teams including support from our Board. We look forward to the partnership with the Sherriff's office. We can expect to see ongoing reports concerning the Peer Support Program.</li> </ul>
<b>ACTION ITEMS: NEW BUSINESS</b>	
<b>a. Credentialing</b>	<ul style="list-style-type: none"> <li>▪ Adjunct Privileges – Dr. Joshua Frank ED and Family Practice</li> <li>▪ Adjunct Privileges – Dr. Matthew Messerschmidt, Family Practice</li> <li>▪ Consulting Privileges – Dr. Maxwell Moholy, Ph.D. Family Practice and ED</li> <li>▪ TeleRadiology – Dr. Feras Jalab Diagnostic Radiology – Real Radiology</li> <li>▪ TeleStroke – Dr. Arielle Davis, Neurology, Vascular Neurology; Dr. Claire Creutzfeldt, Stroke, Vascular Neurology; Dr. Rizwan Kalani, Neurology, Vascular Neurology; Dr. Sandeep Khot, Neurology; Dr. Ryan Kiser, Neurology; Dr. Breana Taylor, Neurology stroke, Vascular Neurology; Dr. David Tirschwell, Neurology Stroke, Vascular Neurology; Dr. W.T. Longstreth, Neurology; Dr. Malveeka Sharma, Neurology; Dr. Natalie Weathered, Neurology; Dr. Jonathan Weinstein ph.D. – all TeleStroke Providers are from Harborview Medical Center.</li> <li>▪ Mall moved to approve all Providers for Privileges.</li> <li>▪ Bruce seconded the motion.</li> <li>▪ All in favor.</li> </ul>
<b>b. Officer Appointment</b>	<ul style="list-style-type: none"> <li>▪ Propose Mall as Secretary to the Board.</li> <li>▪ Bruce Moved approval of Officer appointments.</li> <li>▪ Tom Seconded.</li> <li>▪ All in Favor.</li> </ul>
<b>c. Committee Appointment</b>	<ul style="list-style-type: none"> <li>▪ QOC: Mall as Chair and Jessica as Commissioner attending.</li> <li>▪ Finance Committee: Bruce Chair and Gustavo as Commissioner attending.</li> <li>▪ Bruce Moved approval of Committee appointments.</li> <li>▪ Tom Seconded.</li> <li>▪ All in Favor.</li> </ul>

<b>d. Capital Approval</b>	<ul style="list-style-type: none"> <li>▪ Holter Monitors</li> <li>▪ Bruce Moved approval</li> <li>▪ Jessica Seconded</li> <li>▪ All in favor</li> </ul>
<b>e. Capital Approval</b>	<ul style="list-style-type: none"> <li>▪ Life Pak 15</li> <li>▪ Bruce Moved approval</li> <li>▪ Gustavo Seconded</li> <li>▪ All in favor</li> <li>▪ Note; funds for the Holter Monitors and the Life Pak 15 were provided by the Foundation.</li> </ul>
<b>June Finance Report</b>	<ul style="list-style-type: none"> <li>▪ For the benefit of the new Board members and guests today, we're in a position that we have not been in, in a few years, with a large negative margin.</li> <li>▪ Through April, May and June, CM financial performance improving</li> <li>▪ YTD we have a negative margin of a little over \$2,000,000.00. Budget margin was \$180,000.00 to the positive with the variance at almost \$2,200,000.00 A lot of that is due to additional cost with the Meditech conversion and delays in revenue capture and reporting due to the conversion.</li> <li>▪ Gross revenue is behind due to coding delays and process.</li> <li>▪ Revenue could improve when coding is completed.</li> <li>▪ Other Operating revenue is below the budgeted amount by \$326,000.00 we did receive and budgeted for a grant of \$252,000.00 dollars that we chose not to recognize until we were certain we would be able to retain the funds. These funds need to be used in Covid related expenses. All the funds will be recognized by the end of the year. We also made some entries to correct provider wages that were close to \$250,000.00 together these entries will affect the net margin by a combined \$500,000.00.</li> <li>▪ Salaries variance has been a big part of the variance, and we have a few other consulting fees to help with Meditech conversion.</li> <li>▪ Other operating expenses depreciation have been below budget, part of that is due to the timing of the roll out of our Ambulances that we ordered last year.</li> <li>▪ Cash Receipts for the year are running about \$1,000,000.00 below what we expected with our budget. Our cash balances are \$434,000.00 below what was budgeted.</li> <li>▪ Cashflow remains relatively strong considering all the varying impacts to the budget.</li> <li>▪ Each year we have a cost report settlement toward the end of the year from Medicare. Depending on volumes and depending on expenses this will impact the amount we expect to receive; we anticipate a receivable at year end.</li> </ul>
<b>Administrator Report</b>	<ul style="list-style-type: none"> <li>▪ Hospitals across the state are struggling financially, losing nearly \$1 billion collectively in first quarter of 2022. Multiple factors are driving these losses, including rapid inflation on the expense side and staff shortages. While CM is experiencing financial challenges, we are not yet facing a crisis in the way the larger hospitals and health systems are.</li> <li>▪ Diane joined a group of health care leaders, including WSHA staff, in a meeting with CMS Administrator Chiquita Brooks-LaSure to discuss challenges hospitals are facing and to ask for assistance from CMS. This is the first time in 6 years we've had a CMS Administrator visit the state of Washington.</li> <li>▪ Senator Hawkins has a listening tour and Diane will meet with him September 13<sup>th</sup> at 11:20 if anyone is interested in participating.</li> <li>▪ The Washington State Hospital Association is hosting Rural Advocacy Days in Washington DC this year. Bruce and Diane will be attending and looking forward to discussing important issues with our senators and representatives.</li> <li>▪ Partnership with Upper Valley Mend last Saturday, we did 22 free sports physicals.</li> <li>▪ We are continuing to build and foster other partnerships as well. We are discussing other ideas to coordinate services with the local Fire Department and how we could work together to coordinate services and working together to better serve our community.</li> <li>▪ We have had to explore contingency staffing due to staff illness, in order to keep critical areas functioning</li> <li>▪ Community Health Needs Assessment is ongoing with 4 meetings scheduled.</li> <li>▪ We are looking for more members for our Part Time Resident Advisory Council . Please speak to Diane if you know someone who might be interested, to help them get connected.</li> <li>▪ We have a large electronic document that is nearing completion that will be going out to your CM emails for the new commissioner orientation; the document will be sent out to all commissioners.</li> <li>▪ Dr. Kranz is off our roster as of August 16<sup>th</sup> as he is retiring, but he is still managing and working for the free clinic as a provider there. We are very grateful for his work at Cascade Medical and the community.</li> <li>▪ We have an offer out to a Physician that we met with earlier, and we are hoping to finalize soon, but there are some things being worked out.</li> </ul>

	<ul style="list-style-type: none"> <li>▪ Dr. Fosnaugh will be leaving in early November to pursue Emergency Medicine and we are also recruiting for that position. We had a recruiter here to meet with our providers and our admin team to visit about what they would like to see in a new Physician and help with the recruitment process.</li> <li>▪ Our Radiology Director, Scott Mitchell retired, and we have hired Chris Foster from Alaska to fill that position. Denise Johnson has filled the position in the interim as Chris will not be here fully early October.</li> </ul>
<b>Board Action Items:</b>	<ul style="list-style-type: none"> <li>▪ Please check your email two or three times a week. Calendar invites will go out to the new Commissioners as soon as their emails are set up.</li> </ul>
<b>STRATEGIC QUESTION / MEETING EVALUATION / COMMISSIONER COMMENTS</b>	<ul style="list-style-type: none"> <li>▪ October 16-18 WSHA has their Annual Meeting in Lake Washington and all Commissioners are invited to go. The Commissioners that do go are required to give their take or what they learned from the different meetings or conferences they attend.</li> </ul>
<b>EXECUTIVE SESSION – Performance of a Public Employee (RCW 42.30.110(1)(g))</b>	<ul style="list-style-type: none"> <li>▪ The Board moved into Executive Session at; 7:37 PM for 30 minutes.</li> <li>▪ Executive Session was extended for 20 minutes at 8:07.</li> <li>▪ Executive Session was extended for 15 minutes at 8:22.</li> <li>▪ Executive Session was extended for 15 minutes at 8:37.</li> </ul>
<b>ADJOURNMENT</b>	<ul style="list-style-type: none"> <li>▪ There being no further business, Bruce moved to adjourn the meeting.</li> <li>▪ Gustavo seconded.</li> <li>▪ All in favor.</li> <li>▪ The meeting adjourned at 8:43 PM.</li> </ul>

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 Tom Baranouskas, President

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 Mall Boyd, Secretary