



CASCADE MEDICAL
PARTNERS IN YOUR HEALTH

REAL PEOPLE. REAL CARE.

Care for the Whole Family—from the Littlest
Ones to the Young at Heart.

Reflecting on 2025 and Looking Ahead to What's Next

Dear Friend of Cascade Medical,

As we reflect on the past year, it was a meaningful one for Cascade Medical. I am grateful for what we were able to accomplish together as a community. We are especially appreciative of your vote of confidence in the EMS levy. This continued support ensures our services remain strong and ready to care for you when minutes matter.

We added weekly on-site MRI and additional ultrasound days, saw strong participation in our Think Pink October mammogram initiative, and celebrated the first graduates of our CNA Apprenticeship Program with Mountain Meadows. Our rehabilitation and sub-acute services also continued to grow, helping patients recover from surgery, illness, and other medical needs while maintaining independence and quality of life.

The trust our community places in us every day is something we do not take lightly. It is the reason we continue to grow, improve, and show up with the level of care our patients and families deserve.

That trust is met by a team that is deeply committed to this place and the people who live here. Their compassion and dedication are what make Cascade Medical what it is.

As we look ahead, our focus remains on expanding access to primary care; strengthening partnerships; and continuing to provide high-quality, compassionate care close to home.

Thank you for being part of our community and for trusting us with your care.

With gratitude,



Diane Blake
Chief Executive Officer



PURPOSE, VISION, AND LEADERSHIP

Purpose: To care for the health and well-being of our community with compassion, trust, and a commitment to being there when it matters most.

As an exceptional rural health care facility, we are proud to have a team of compassionate and dedicated professionals who provide high-quality primary care services and resources to patients and their families.



Learn about our Shared Values.

2026 Board of Commissioners

Our Board of Commissioners is at the heart of Cascade Medical. They guide our work, help set priorities, and ensure we stay true to the values of our community-owned medical center.

- Shari Day-Campbell, President
- Cary Ecker, Vice President
- Jessica Kendall
- Jesse Knight, MD
- Julie Pankow

We thank Tom Baranouskas for his 2025 service as Vice President.



Get to know our board.

Executive Leadership

More than 50 combined years at Cascade:

- Diane Blake, Chief Executive Officer
- Glenn Adams, Chief Operating Officer
- Melissa Grimm, Chief Human Resources Officer
- Marianne Vincent, Chief Financial Officer
- Natasha Piestrup, Sr. Director of Nursing
- Whitney Lak, Sr. Director, Rural Health Clinic



Meet our leaders.



Patient Care and Community Impact

EXPANDED SERVICES AND GROWTH

- ✓ Introduced weekly on-site MRI and an additional day for ultrasound services
- ✓ Physical therapy grew 6%, occupational therapy 14%, and cardiac rehab 85%
- ✓ **Think Pink October:** Mammograms increased 33% compared to 2024, reflecting the success of our annual breast cancer awareness initiative
- ✓ Graduated 12 students from the CNA Apprenticeship Program with Mountain Meadows
- ✓ **Behavioral health:** Integrated within family medicine, providing same-day access, better coordination, and improved overall health outcomes
- ✓ **Sub-acute rehabilitation:** Comprehensive care for patients recovering from surgery, stroke, cardiac or respiratory conditions, or other medical needs; includes personalized treatment, skilled nursing, therapy (physical, occupational, aquatic), wound care, nutrition support, IV therapy, and patient/family education
- ✓ **24/7 emergency care:** Fully equipped Level V Trauma Center and Level III Stroke Center providing round-the-clock treatment; includes trauma, orthopedic, obstetrics/gynecology, and observation rooms, with patient stabilization and transport to higher-level facilities as needed





EMERGENCY

EMERGENCY

WALK-IN
ENTRY



CASCADE MEDICAL
PARTNERS IN YOUR HEALTH

← HOSPITAL / CLINIC

EMERGENCY
↑

Hospital at
Forkland



Join the Fun—Be Part of Our Team!

Scan the QR code to explore careers.

COMMUNITY ENGAGEMENT

Our outreach initiatives strengthened connections across the region. Highlights include the Health and Safety Fair, North Central Regional Falls Prevention programs, the Arrive Alive high school event, free Otago exercise classes, Parkinson's support group, quarterly CPR courses, expansion of community AED programs, and a food drive for Upper Valley MEND, donating over 2,500 pounds of food and more than \$10,000.

THE PEOPLE BEHIND CASCADE



“I love bringing comfort through food. There’s nothing better than seeing someone’s day improve because of a meal I helped prepare.”

–**Tarah (Director of Deliciousness)**

“The heart of Cascade is our dedicated staff and the patients we serve. Our shared commitment is why respect and morale run so deep—something I am immensely proud to be part of.” –**Dez (Radiology Rock Star)**

“I care deeply about serving our community and supporting my team, who make Cascade such a special place. Everyone works together toward our shared goal of providing exceptional care.” –**Jerri (Claims Whisperer)**

2025 STATISTICS



14,532 Primary care visits



4,176 Emergency
Department visits

1,198 Behavioral health visits



1,919 Immunizations given



40,101
Lab tests

5,516 Radiology exams,
including MRI and CT scans



493 Mammograms

283 Endoscopies

1,346 Cardiac tests

27,054 Rehabilitation services (physical, speech,
and occupational therapy)



1,361 Total ambulance calls, with **70%**
resulting in patient transport



Almost **\$800,000** financial assistance
given to cover medical costs

KRISTA CAMBURN, RN ACUTE CARE NURSE

Cascade Staff for 10 years

In October 2025, I came to Cascade Medical for a routine mammogram—an appointment I nearly skipped because life felt too busy. A colleague and close friend encouraged me to take an open appointment while I was on shift, and I'm incredibly grateful I did. Having experienced benign fibroids since my early twenties, I didn't think anything serious was wrong, but I'm so glad I didn't put it off. That decision changed everything.

My screening revealed early-stage breast cancer. Catching it early gave me options and allowed me to make informed decisions about my care. Because it was caught so early, I can say today I am in complete remission and did not require chemotherapy or radiation. My experience reinforced how critical routine screenings and early detection truly are, even when life feels busy.

Cascade is a close-knit environment where people genuinely care, and that shows in how patients are treated. The responsiveness, compassion, and personal connection made a meaningful difference in my experience.

What stood out most was the support I received every step of the way. I had a dedicated advocate who helped coordinate my care, answer questions, guide me through the process, and ensure I could access specialized treatment at Fred Hutchinson Cancer Center. Because my cancer was caught early, I was able to choose a bilateral mastectomy with reconstructive surgery, an option I'm deeply grateful to have had. I never felt like I was navigating it alone.

During my time away from work, I was surrounded by support from my wonderful husband, family, colleagues, and community—and that support has continued even after my return.

Cascade is a place where patients are met with compassion, respect, and understanding. I'm proud to be part of Cascade, not only as a nurse but as someone who has experienced this care as a patient.





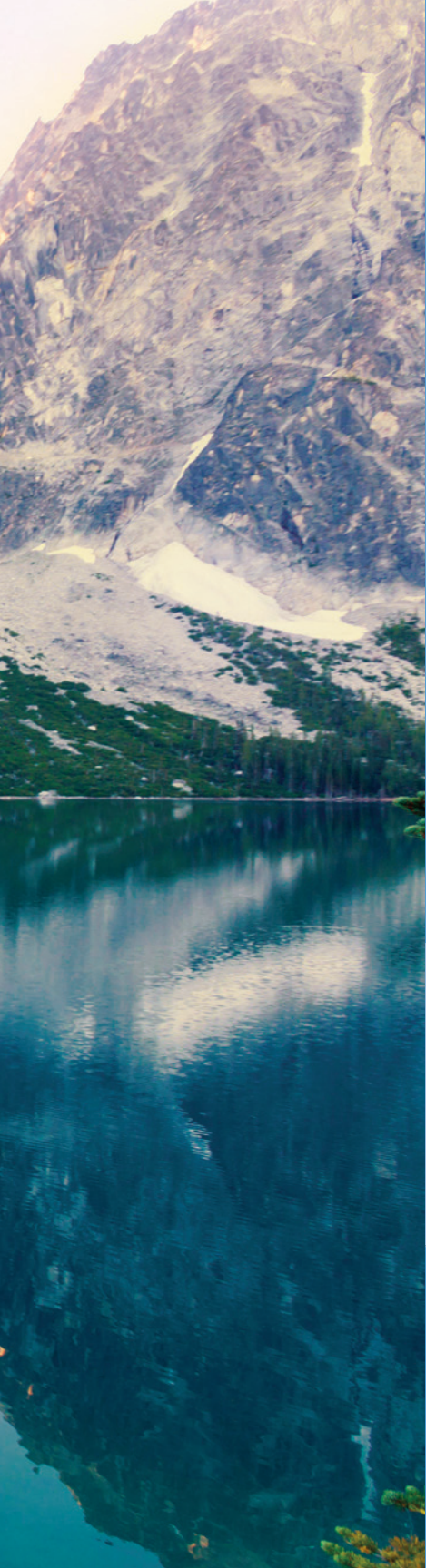
COMPREHENSIVE SERVICES FOR EVERY STAGE OF CARE

Cascade Medical offers advanced diagnostics and lab services, including 3D mammography, CT, MRI, ultrasound, X-ray, DEXA, echocardiogram, and endoscopy, supported by a fully licensed laboratory.

Our rehabilitation and sub-acute programs help patients recover and thrive with physical, occupational, speech, and aquatic therapy; orthopedic and spine care; post-surgical and neurological rehab; and balance and fall prevention. Care plans are guided by physicians and supported by skilled nursing—ensuring coordinated care, same-day access, and overall health and well-being.

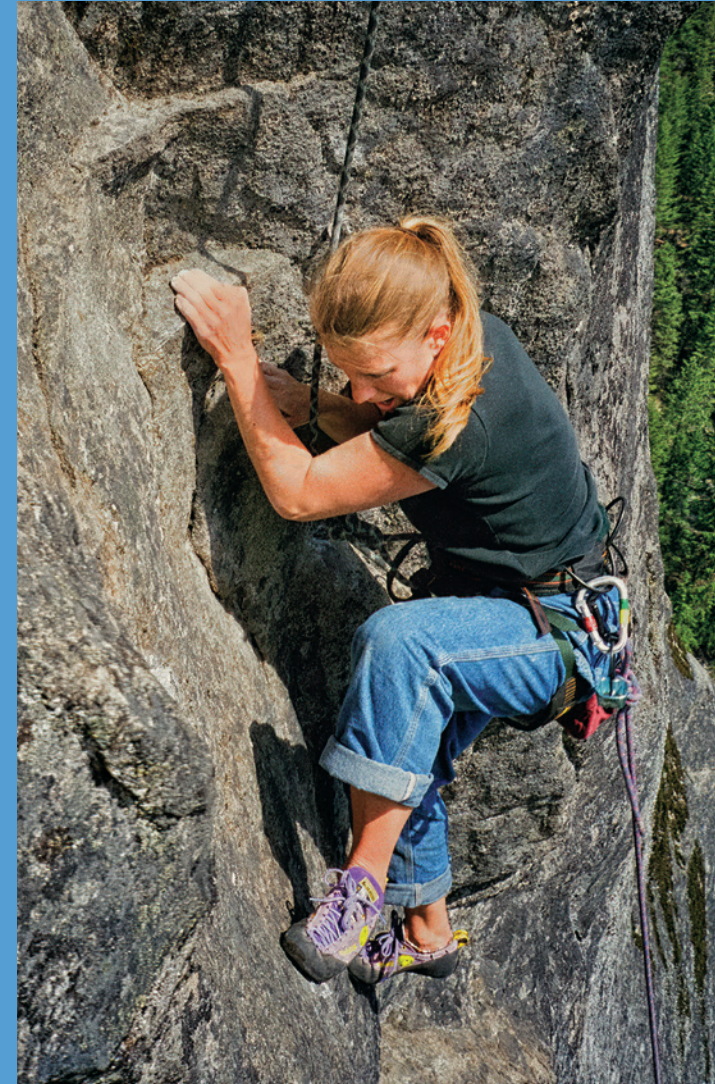


Scan the QR code to discover all the services we offer!



CARE FOR THE WHOLE FAMILY

From the littlest ones to the young at heart, Cascade Medical provides compassionate care at every stage of life. Our services include preventive care, women's health, pediatrics, chronic condition management, behavioral health, minor procedures, same-day appointments—even on Saturdays—and 24/7 emergency care.



Photography by Heidi Swoboda | Swoboda Photography



OUR FAMILY MEDICINE TEAM IS GROWING!

Welcome: Justin Stoltzfus, FNP-BC

Justin is now accepting new patients as part of our team-based care model. Scan the QR code to learn more about Justin.



We are also thrilled to welcome **Dannica Ballard, DO,** and **Connor Dixon, MD,** to our care team this fall.

Save the Date—Health & Safety Fair

Saturday, May 30, 2026 | 11 AM–2 PM

Location: Alpine Lakes Elementary, Pine Street



Free helmets and life jackets while supplies last!

Scan the QR code for more details.



CASCADE MEDICAL
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Contact Information

Cascade Medical

817 Commercial St.
Leavenworth, WA
98826

cascademedical.org

Here for you 24/7/365
for emergencies and
hospital care.

Emergency Department

Phone **509-548-5815**
Care *when* you need it.

Family Medicine Clinic

Phone **509-548-3420**
Hours Monday through Friday: 8 AM–5 PM
Saturday: 8 AM–3 PM

Physical, Speech and Occupational Therapy

Phone **509-548-3421** | Fax **509-548-2511**
Hours Monday through Friday: 6:45 AM–6:00 PM
Saturday: 8 AM–3 PM

Diagnostic Imaging

Phone **509-548-2512**
Hours Monday through Friday: 7 AM–5 PM

Laboratory

Phone **509-548-5815**
Hours Monday through Friday: 7:30 AM–5:00 PM
Saturday: 8 AM–3 PM

Emergency Imaging and Laboratory Services

Here for you 24/7/365